

The Fruits of the Spirit Self-Control

How was your week?

What is self-control?

Why is self-control needed?

In order to have self-control, what else must we have that goes hand-in-hand?

(What other fruits come to mine)

Does self-control require you to really stretch beyond your current capabilities?

Do you see yourself as spiritually self-disciplined? If not, why?

What area of your life do you need strict, ongoing training?

What spiritual fruit needs to be cultivated in your life?

With the Spirit of power and self-control that resides in you, what changes will you make in your life beginning now?

Philippians 2:12-13

*What does it show about the Church at Philippi that they obeyed whether Paul was there or not?

*What does it mean to work out your salvation?

*Why with fear and trembling?

*How does verse 13 relate to verse 12?

*How can it help believers knowing that God is also at work in us?

*What does it look like in your life for you to "work out your salvation"?

*Does "fear and trembling" characterize your relationship with the Lord?

(Why or why not?)

Proverbs 25:28

*What do you think of when you see a wall around a city?

*What is the purpose of a wall in the times this was written?

*How do we apply this scripture to our lives?

1 Peter 5:6-11

*What is the therefore there for?

*What are some ways you can humble yourselves?

*What does it mean to humble yourselves under the mighty hand of God?

*In what ways might God exalt us if we humble ourselves?

*Can you think of any examples in the Bible of people who humbled themselves and God exalted them?

*Is verse 7 a command or a suggestion?

*What is the reason given for why we should put our worries on God?

*Why do we have a hard time letting go and continue to worry?

Read Matthew 6:25-34 – What can we learn about worry from this teaching?

*Are there any worries you have that you need to take to God?

*List several ways you can be on the alert against temptation/Satan.

*Can you give any examples from Scripture of people Satan tried to “devour”?

*Which ones were successful? Which ones were unsuccessful? Why?

(Discuss them and share what we can learn from it.)

*In what specific ways was Satan trying to devour/tempt the saints Peter was writing to?

*What element or elements are key if we want to resist Satan?

*What is waiting for us if we remain faithful?

*What will He do for us?

*What responsibility do we have in receiving these things?

Titus 2:11-14

*What Is The Grace of God?

*What are some examples of Jesus instructing us not to be ungodly and to avoid worldly desires?

*What were some features of the present age at that time?

*How about now? Which is easier to serve God in? Why?

*How does one renounce ungodliness and worldly passions? Is this a one-time thing or continuous?

*Knowing that the world around us is so evil, how can we live sensibly, righteously, and godly?

*How can you train in godliness?

*What is the blessed hope?

Ephesians 4:26-27

Hebrews 12:14-15

Genesis 4:1-15