

The Fruit of the Spirit Gentleness

***How was your week?**

***Is there any spiritual struggles that you are going through we can help with?**

***How would you define Gentleness?**

***Do you agree that society at large does not value gentleness?**

(Why do you think that is so?)

***Do I gently encourage people to “sin no more”? Or do I self-righteously cast the first stone?**

***What are reasons/obstacles that hinder you from being Gentle?**

***Are there any of the previous Fruits that can help you to be Gentle?**

(Which ones and how?)

***Can you think of someone at your church/in life who embodies gentleness?**

(What are the qualities they exhibit which make you think like this?)

Ephesians 4:1–2

***As a prisoner for the Lord then I urge you, What did Paul mean as a prisoner.**

***What calling have we received?**

***Is verse 2 possible without the fruits of the Spirit? Explain**

Galatians 6:1-2

***Who are those who live by the Spirit?**

***Does Brothers and sisters, mean someone lives by the Spirit?**

***How may we be tempted.**

***How can we Carry each other’s burdens,**

2 Timothy 2:22-26

***What are some examples of youthful desires?**

***Do we face these temptations? If so what should we do about it?**

***What other protection is offered in verse 22?**

***Why is it important that we are not only running from something, but also pursuing something else?**

***Who are we to pursue these things with?**

***What is a foolish and stupid argument?**

***What is the difference between an argument and a discussion?**

***Why do some discussion turn into arguments?**

***What is a good example of gentle instruction?**

Philippians 4:4-9

- *What do you think it means to rejoice? Smile and laugh excitedly?
- *When are we to rejoice?
- *How can you rejoice even in the midst of trials or disappointments?
- *How can we let our gentle spirit be known to all men?
- *Is verse 6 a suggestion?
- *Is worry something that you can control?
- *Why are we not supposed to worry?
- *What is one thing that sometimes causes you worry?
- *What might be the difference between concern and worry?
- *What does it mean to pray to God “in everything”?
- *If God already knows everything that we are thinking and experiencing, why is it important to take everything to Him in prayer?
- *Share an example of something you’re thankful for.
- *What is something about a trial that you are thankful for?
- *Why does it say that this peace is beyond understanding?
- *Have you ever experienced this kind of peace? When?
- *What does it mean to dwell on these things?
- *Why are we to dwell on these things?
- *How might this affect our joy and thanksgiving?
- *What kind of specific things can you think of that fit into this category?
- *What are some examples of unhealthy things we shouldn’t spend time thinking about?
- *Why does Paul give himself as an example to follow? Isn’t Christ our only example?

2 Corinthians 4:21

Matthew 11:29

James 1:21